

Main

Note: This record shows only the 20 elements of the WHO Trial Registration Data Set. To view changes that have been made to the source record, or for additional information about this trial, click on the URL below to go to the source record in the primary register.

Register: ACTR
Last refreshed on: 23 October 2007
Main ID: ACTRN12607000529448
Date of registration: 16/10/2007
Primary sponsor: Istituto Rinaldi Fontani
Public title: Double blinded evaluation of the effectiveness of Neuro Psycho Physical Optimization with Conveyer of Modulating Radiance (CMR) in stress-related disorders, assessed with Psychological Stress Measure Test
Scientific title: A double blinded randomised trial to evaluate the effectiveness of Neuro Psycho Physical Optimization (NPPO) with Conveyer of Modulating Radiance (CMR Therapy) in reducing the subjective perception of stress, and stress-related symptoms, assessed with Psychological Stress Measure Test
Date of first enrolment: 1/09/2000
Target sample size: 200
Recruitment status: Completed
URL: <http://www.actr.org.au/ACTRN12607000529448.aspx>

Countries of recruitment

Italy

Contacts

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Key inclusion & exclusion criteria

Inclusion criteria: Subjects over 18 years old, with any type of stress-related symptoms, with Psychological Stress Measure Test (PSM Test) total score over 50 points.

Exclusion criteria: Subjects with psychiatric symptoms-pathologies, drugs dependence or aged less than 18 years of age were excluded.

Age minimum: 18 Years

Age maximum:

Gender: Both males and females

Health Condition(s) or Problem(s) studied

Perception of stress, and stress-related symptoms.

Intervention(s)

The intervention comprises: A cycle of Neuro Psycho Physical Optimization (NPPO) with Conveyer of Modulating Radiance (CMR therapy). The CMR is a biomedical radiofrequency instrument. The protocol used, called Neuro Psycho Physical Optimization (ONPF), involves the application of a probe of the CMR

on specific points of the auricular pavilion for an activation time of roughly 500 mms. The ONPF protocol is activated in a precise sequence on seven auricular points. The protocol envisages 18 sessions of ONPF treatment on alternating days, for eight (8) weeks. Assessment, at baseline and immediately at the end of treatment, with Psychological Stress Measure Test (validated in Italian)

Primary Outcome(s)

To test if the use of the Conveyer of Modulating Radiance (CMR) - is effective in reducing the subjective perception of stress, and stress-related symptoms, assessed with Psychological Stress Measure Test

Secondary Outcome(s)

Wellbeing - Neuro Psycho Physical Optimization.

Secondary ID(s)

Source(s) of Monetary Support

Istituto Rinaldi Fontani

Secondary Sponsor(s)

Societa di Ottimizzazione Neuro Psico Fisica e CRM Terapia