

Main

Note: This record shows only the 20 elements of the WHO Trial Registration Data Set. To view changes that have been made to the source record, or for additional information about this trial, click on the URL below to go to the source record in the primary register.

Register: ACTR
Last refreshed on: 2 October 2007
Main ID: ACTRN12607000497404
Date of registration: 28/09/2007
Primary sponsor: Istituto Rinaldi Fontani
Public title: Evaluation of the effectiveness of Neuro Psycho Physical Optimization with Conveyer of Modulating Radiance (CMR) in stress-related physical and mental effort.
Scientific title: A Randomised study to evaluate the effectiveness of Neuro Psycho Physical Optimization (NPPO) with Conveyer of Modulating Radiance (CMR Therapy) in reducing the subjective perception of stress, stress-related physical and mental effort.
Date of first enrolment: 1/01/2001
Target sample size: 720
Recruitment status: Completed
URL: <http://www.actr.org.au/ACTRN12607000497404.aspx>

Countries of recruitment

Italy

Contacts

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Key inclusion & exclusion criteria

Inclusion criteria: Subjects with any type of stress-related symptomatology, over 18 years old.
Exclusion criteria: Subjects with psychiatric symptoms-pathologies, drugs dependence or aged less than 18 years of age were excluded.

Age minimum: 18 Years

Age maximum:

Gender: Both males and females

Health Condition(s) or Problem(s) studied

Stress, Stress-related physical and mental effort.

Intervention(s)

The intervention comprises: A cycle of Neuro Psycho Physical Optimization (NPPO) with Conveyer of Modulating Radiance (CMR therapy). The CMR is a biomedical radiofrequency instrument. The protocol used, called Neuro Psycho Physical Optimization (ONPF), involves the application of a probe of the CMR on specific points of the auricular pavilion for an activation time of roughly 500 mms. The ONPF protocol is

activated in a precise sequence on seven auricular points. The protocol envisages 18 sessions of ONPF treatment on alternating days, for eight (8) weeks. Assessment, at baseline and at the end of treatment, with Psychological Stress Measure Test (validated in Italian).

Primary Outcome(s)

To test with Psychological Stress Measure if the use of the Conveyer of Modulating Radiance (CMR) - is effective in reducing the subjective perception of stress and stress-related physical and mental effort.

Secondary Outcome(s)

Wellbeing - Neuro Psycho Physical Optimization.

Secondary ID(s)

Source(s) of Monetary Support

Istituto Rinaldi Fontani

Secondary Sponsor(s)

Societa di Ottimizzazione Neuro Psico Fisica e CRM Terapia